

# Contact Lens Policies

## Basic Fees During Fitting and Evaluation Period

Our fees for contact lens service include all examinations, fitting instruction, necessary trial lenses, solutions, and any progress visits during the fitting period. There will be no additional charges for changes in lens type or power during this period unless you have a special request not covered by this policy. Your supply of contact lens is sold separately. The fitting period includes all examinations and progress visits over a reasonable period until the doctor is satisfied you have a proper fit. After a final prescription has been determined, you can receive your supply of contact lens.

## Your responsibility

You have a responsibility to come to any scheduled progress checks so that a determination in contact lens success has been achieved. In the event you miss a scheduled progress check, you must reschedule your appointment or inform us of your personal experience with the contacts. We allow up to **two weeks** to determine if contact lens success has been reached. This is a time to make any necessary adjustments to the lenses so that improvements and success can be achieved.

If we do not hear from you within **one month** from the time of the initial fitting date, it will be assumed the contacts are successful and no more trials will be given. If you still feel the lenses were not adequate to your satisfaction, you must pay a \$20.00 refitting fee and start the fitting period over again.

We recommend you have a comprehensive eye health exam every year that you use contact lenses. After one year, your contact prescription will expire. If you have a routine exam within 18 months of the initial visit, there will be no added contact fitting charges for replacement contacts. If your exam is after the 18 month period, we will add a minimal contact fitting fee of \$20.00.

Contacts are a medical device that can harm your eyes if proper care is not utilized. The risks increase with increased time in lenses, sleeping in lenses, keeping them too long without replacement and poor care of lenses. You must follow the proper instructions to insure the best eye health now and for years to come.

If you wear disposable lenses, we recommend replacing your contacts every week when you sleep in the lenses. If you take them out every night just before going to bed, we recommend you replace the lenses every two weeks. Finally, if you remove the lenses several hours before bedtime each day, we recommend that you replace the lenses every four weeks. Anyone using disposable contacts less than or equal to three days per week without sleeping in the lenses, may keep them for a period of two months. It is advisable to replace any disposable lens after two months no matter how infrequent you use the lenses. No other type of contact lens (planned replacement, gas perm or daily wear) should be used overnight.

Planned replacement lenses are never to be slept in at any time. You are required to replace these lenses at the scheduled time. The most common replacement schedule is every 3 months. A more extensive cleaning effort is required with special enzymes and cleaning solutions. Gas perm and Daily wear lenses are usually maintained a full year. They also require a detailed cleaning schedule with special cleaning solutions. Daily (One-day) disposable lenses are thrown away every day. No solutions are needed.

We also recommend you manage your lenses properly. Please do not wait until the last day of your last pair of lenses to reorder contacts. Come in early so that we have enough time to order your contacts if necessary. We keep several disposable lenses in stock; however, that does not guarantee we will have your exact prescription in our office. Finally, we recommend planning ahead for your yearly exam so that your prescription does not run out and you are unable to get new lenses in proper time. We will charge a contact lens deposit of \$25.00 when issuing trial lenses before your exam. The \$25.00 will be credited towards your purchase of lenses after your exam if you return for the scheduled visit. You will lose the deposit if you do not return for your scheduled exam.

Please let us know if you have any questions or concerns about either the finances or fitting of your contacts.

Thank you,  
Tim Sellers, O.D. and staff.